



LOCAL

DINNER AT NUMBER 3, COWES

Relax in this cosy bistro and sample the small but perfectly formed seasonal menu.

T: (01983) 291714

COAST BAR & DINING ROOM, COWES

Buzzing high street restaurant in cowes with wood fired pizza oven. Open 7 days a week.

T: 01983 298574

NORTH HOUSE, COWES

Beautiful boutique hotel in the old quarter of cowes, with in-house restaurant - The Oyster Store.

T: 01983 209453

CAFÉS

LOCAL:

THE WATERSEDGE, GURNARD GREEN

Simple café with sea views in walking distance from The Little Gloster. (closed tues).

T: 01983 299929

IOW PRODUCE:

THE PIANO CAFÉ, FRESHWATER

Great little café located a stroll away from freshwater bay

T: 01983 472874

IOW PRODUCE:

THE BLUEBELL CAFÉ, BRIDDLESFORD FARM WOOTON

Quality fresh seasonal food from the Island's farmers and growers, expertly prepared by their team of talented chefs. *

T: 01983 884650

LUNCH

IOW PRODUCE:

THE SMOKING LOBSTER, VENTNOR

Sea views and local seafood with Asian twist with vegetarian and vegan options. *

T: 01983 855938

IOW PRODUCE:

THE GARLIC FARM, NEWCHURCH

Sample iow garlic in their barn café & shop.

T: 01983 865378

RYDE BEACH:

THREE BUOYS RESTAURANT ON APPLEBY BEACH, RYDE

Relax on their balcony with a cocktail or enjoy an intimate meal overlooking the solent. also great for dinner.

T: 01983 811212

IOW PRODUCE:

CIBO, WOOTON

Rustic Mediterranean treat with artisan sandwiches, pastas & risottos located on Wootton high street – perfect when heading to/ from the Fishbourne ferry.

T: 01983 883469

IOW PRODUCE:

OFF THE RAILS

Set along the old railway line in Yarmouth's former train station, this wonderful spot offers delicious dishes for lunch (& dinner at weekends) - overlooking the outstanding natural beauty of the Yarmouth Marshes. *

T: 01983 761600

TINY TREAT:

THE POND CAFE, NEAR VENTNOR

A small restaurant nestled next to a pond in the stunning timeless village of Bonchurch.

T: 01983 855666

FUN & FRESH:

THE CANTINA, VENTNOR

Cantina is a café restaurant, bakery & kitchen in the heart of sunny Ventnor. open for breakfast, lunch & dinner daily, with a great cocktail list, simple delicious dishes and welcoming atmosphere. *

T: 01983 855988

ON THE GO: WIGHTWOOD PIZZA Handmade pizzas made with locally sourced ingredients where possible. Cooked to perfection in just 90 seconds in their traditional woodfired clay oven in a vintage Citroen Van. Booking essential (summer only). **T: 07955 379642**

FRESH SEAFOOD

SEA VIEWS:

THE GEORGE, YARMOUTH

Great conservatory restaurant alongside relaxed Beach Bar with outdoor kitchen set in beautiful surroundings overlooking the sea.

T: 01983 760331

SEA VIEWS:

THE BOATHOUSE, STEEPHILL COVE

The perfect place for a romantic lunch for two or to bring friends to sample the very freshest shellfish.

T: 01983 852747

LUXURY:

THE ROYAL HOTEL, VENTNOR

Timeless elegance with an outstanding chef. Booking required.

T: 01983 852186

...or try Best Dressed Crab (Bembridge), The Hut (Colwell) or Three Buoys (Ryde).

DINNER

LOCAL:

MOJACS, COWES

Traditional a la carte menu suited to all tastes. Open Mon-Sat.

T: 01983 281118

ITALIAN:

PREGO, EAST COWES

Sample authentic Italian ingredients with friends & family in this relaxed restaurant open for dinner Mon-Sat.

T: 01983 293737

LUXURY:

THOMPSON'S, NEWPORT

Michelin chef Robert Thompson's first solo project. Intimate restaurant in the centre of Newport with an incredible tasting menu. booking essential. *

T: 01983 526118